

# Conwy West Area

Timetable April-July 2023

Conwy town, Henryd, Gyffin, Llanrhos, Deganwy, Llandudno Junction, Glan Conwy, Penmaenmawr, Dwygyfylchi and Llanfairfechan



**Stay & Play session**  
@Church House Community Hall, Glan Conwy  
**9:30 – 11.00am**  
With Linda the Health Visitor in attendance  
For more information contact 01492 574546  
[Familysupport.west@conwy.gov.uk](mailto:Familysupport.west@conwy.gov.uk)

**Stay and Play session**  
@Conwy Culture Centre  
**1:15-2:45pm**  
For more information contact 01492 574546  
[Familysupport.west@conwy.gov.uk](mailto:Familysupport.west@conwy.gov.uk)

After School  
**Sensory session**  
@Conwy Culture Centre  
**15:15 – 4:45pm**  
For more information contact 01492 574546  
[Familysupport.west@conwy.gov.uk](mailto:Familysupport.west@conwy.gov.uk)



**Stay & Play session**  
@Memorial Hall, Llandudno Junction  
**9:30 – 11.00am**  
With a Health Visitor in attendance  
For more information contact 01492 574546  
[Familysupport.west@conwy.gov.uk](mailto:Familysupport.west@conwy.gov.uk)

**Baby Massage**  
@Eryl Wen Family Centre  
**10:00-12:00pm**  
Booking is Essential.  
For more information and to book your place contact Maes Derw clinic and ask to speak to Annwen Jones on 03000 850028 (Option 2)

After School  
**Sensory session**  
@Ysgol Capelulo, Dwygyfylchi  
**15:30 – 4:30pm**  
For more information contact 01492 574546  
[Familysupport.west@conwy.gov.uk](mailto:Familysupport.west@conwy.gov.uk)

**'Practical Parenting' Course**  
@Heulwen Centre, Llandudno Junction, LL31 9NS  
26/04/23 for 5 weeks  
**9:30 - 11:30am**  
Booking Essential  
For More information contact 01492 574546  
[Familysupport.west@conwy.gov.uk](mailto:Familysupport.west@conwy.gov.uk)

**Stay & Play session**  
@ Penmaenmawr Library  
**1:30 – 3:00pm**  
With Rosie the Health Visitor in attendance  
For more information contact 01492 574546  
[Familysupport.west@conwy.gov.uk](mailto:Familysupport.west@conwy.gov.uk)

**C Card session**  
@ Penmaenmawr Library  
**3:30 – 4:30pm**  
For more information contact 01492 574546  
[Familysupport.west@conwy.gov.uk](mailto:Familysupport.west@conwy.gov.uk)



**Stay and Play**  
@ Llanfairfechan Library  
**1:30 – 3:00pm**  
With Sian the Health Visitor in attendance  
For more information contact 01492 574546  
[Familysupport.west@conwy.gov.uk](mailto:Familysupport.west@conwy.gov.uk)



# Ardal Gorllewin Conwy

Amserlen Ebrill-Gorffennaf 2023

Conwy, Henryd, Gyffin, Llanrhos, Deganwy, Cyffordd Llandudno, Glan Conwy, Penmaenmawr, Dwygyfylchi and Llanfairfechan



Dydd Llun



Dydd Mawrth



Dydd Mercher



Dydd Iau



Dydd Gwener



## Sesiwn Aros a Chwarae

@Neuadd Ty'r Eglwys, Glan Conwy

**9:30 – 11.00yb**

Gyda Linda yr Ymwelydd Iechyd yn bresennol

Am fwy o wybodaeth cysylltwch ar 01492 574546

[Familysupport.west@conwy.gov.uk](mailto:Familysupport.west@conwy.gov.uk)

## Sesiwn Aros a Chwarae

@Canolfan Diwylliant Conwy

**1:15-2:45yp**

Am fwy o wybodaeth cysylltwch

01492 574546

[Familysupport.west@conwy.gov.uk](mailto:Familysupport.west@conwy.gov.uk)

Ar ol Ysgol

## Sesiwn Synhwyrdd

@ Canolfan Ddiwylliant Conwy

**15:15 – 4:45yp**

Am fwy o wybodaeth cysylltwch

01492 574546

[Familysupport.west@conwy.gov.uk](mailto:Familysupport.west@conwy.gov.uk)



## Sesiwn Aros a Chwarae

@Neuadd Goffa,

Cyffordd Llandudno

**9:30 – 11.00yb**

Gydag Ymwelydd Iechyd yn presenoldeb

Am fwy o wybodaeth cysylltwch

01492 574546

[Familysupport.west@conwy.gov.uk](mailto:Familysupport.west@conwy.gov.uk)

## Tylino Babi

@Canolfan Teulu Eryl Wen

**10:00-12:00yp**

Mae archebu lle yn hanfodol.

Am fwy o wybodaeth ac i archebu lle cysylltwch Clinig Maes Derw a gofynwch i gael siarad efo Annwen Jones ar 03000 850028 (Opsiw 2)

Ar ol Ysgol

## Sesiwn Synhwyrdd

@ Ysgol Capelulo, Dwygyfylchi

**15:30 – 4:30yp**

Am fwy o wybodaeth cysylltwch

01492 574546

[Familysupport.west@conwy.gov.uk](mailto:Familysupport.west@conwy.gov.uk)

## Cwrs 'Rhianta Ymarferol'

@Ganolfan Heulwen, Cyffordd

Llandudno, LL31 9NS

26/04/23 am 5 wythnos

**9:30 - 11:30yb**

Archebu'n Hanfodol

Am fwy o wybodaeth cysylltwch 01492 574546

[Familysupport.west@conwy.gov.uk](mailto:Familysupport.west@conwy.gov.uk)

## Sesiwn Aros a Chwarae

@ Llyfrgell Penmaenmawr

**1:30 – 3:00yp**

Gyda Rosie yr Ymwelydd Iechyd yn bresennol

Am fwy o wybodaeth cysylltwch

01492 574546

[Familysupport.west@conwy.gov.uk](mailto:Familysupport.west@conwy.gov.uk)

## Sesiwn Cerdyn C

@ Llyfrgell Penmaenmawr

**3:30 – 4:30yp**

Am fwy o wybodaeth cysylltwch

01492 574546

[Familysupport.west@conwy.gov.uk](mailto:Familysupport.west@conwy.gov.uk)

[uk](http://uk)



## Sesiwn Aros a Chwarae

@ Llyfrgell Llanfairfechan

**1:30 – 3:00yp**

Gyda Sian yr Ymwelydd Iechyd yn bresennol

Am fwy o wybodaeth cysylltwch 01492 574546

[Familysupport.west@conwy.gov.uk](mailto:Familysupport.west@conwy.gov.uk)

