

## Colwyn Leisure Centre Swimming Pool Timetable

Day	Time	Session	Information
Monday	07.15 - 08.00	Lane Swimming	Max of 12 Swimmers
Monday	08.30 - 09.15	Lane Swimming	Max of 12 Swimmers
Monday	12.15 - 13.00	Lane Swimming	Max of 12 Swimmers
Monday	13.30 - 14.15	Lane Swimming	Max of 12 Swimmers
Tuesday	07.15 - 08.00	Lane Swimming	Max of 12 Swimmers
Tuesday	08.30 - 09.15	Lane Swimming	Max of 12 Swimmers
Tuesday	11.45 - 12.30	Lane Swimming	Max of 12 Swimmers
Tuesday	13.00 - 13.30	Water Babies	
Tuesday	18.30 - 19.15	Lane Swimming	Max of 12 Swimmers
Wednesday	07.15 - 08.00	Lane Swimming	Max of 12 Swimmers
Wednesday	08.30 - 09.15	Lane Swimming	Max of 12 Swimmers
Wednesday	12.15 - 13.00	Lane Swimming	Max of 12 Swimmers
Wednesday	13.30 - 14.15	Lane Swimming	Max of 12 Swimmers
Thursday	10.00 - 10.30	Water Babies	
Thursday	12.15 - 13.00	Lane Swimming	Max of 12 Swimmers
Thursday	13.30 - 14.15	Lane Swimming	Max of 12 Swimmers
Thursday	18.30 - 19.15	Lane Swimming	Max of 12 Swimmers
Thursday	19.45 - 20.15	Lane Swimming	Max of 12 Swimmers
Friday	07.15 - 08.00	Lane Swimming	Max of 12 Swimmers

Friday	08.30 - 09.15	Over 60's Swim	Free for 60+
Friday	11.00 - 11.45	Lane Swimming	Max of 12 Swimmers
Friday	12.30 - 13.15	Aqua Fit	Max of 12 Swimmers
Friday	13.45 - 14.15	Family Swim	Max of 16 Swimmers
Friday	13.45 - 14.15	Lane Swimming	Max of 4 Swimmers
Friday	16.00 - 16.45	Family Swim	Max of 15 Swimmers
Friday	16.00 - 16.45	Lane Swimming	Max of 4 Swimmers
Friday	17.15 - 18.00	Family Swim	Max of 15 Swimmers
Friday	17.15 - 18.00	Lane Swimming	Max of 4 Swimmers
Friday	18.30 - 19.15	Lane Swimming	Max of 12 Swimmers
Saturday	07.15 - 08.00	Lane Swimming	Max of 12 Swimmers
Saturday	12.30 - 13.15	Family Swim	Max of 20 Swimmers
Saturday	14.00 - 14.45	Lane Swimming	Max of 4 Swimmers
Saturday	14.30 - 16.30	Water Babies	
Sunday	08.00 - 08.45	Lane Swimming	Max of 4 Swimmers
Sunday	08.15 - 10.15	Water Babies	
Sunday	09.15 - 10.00	Lane Swimming	Max of 4 Swimmers
Sunday	10.45 - 11.30	Family Swim	Max of 20 Swimmers
Sunday	12.00 - 12.45	Family Swim	Max of 20 Swimmers
Sunday	13.15 - 14.00	Family Swimming	Max of 12 Swimmers
Sunday	14.00 - 16.00	Water Babies	
Sunday	14.30 - 15.15	Lane Swimming	Max of 4 Swimmers