

Colwyn Leisure Centre School Holiday Swimming Pool Timetable

Day	Time	Session	Information
Monday	07.00 - 08.30	Fresh Start	Lane Swim Slow/Medium/Fast
Monday	09.00 - 11.45	Public Swimming	
Monday	12.00 - 13.00	Lane Swimming	Maximum 12 Swimmers
Monday	13.00 - 15.30	Public Swimming	
Monday	15.45 - 17.45	Lane Swimming	Max of 12 Swimmers
Tuesday	07.00 - 08.00	Fresh Start	Lane Swim Slow/Medium/Fast
Tuesday	08.00- 09.00	Evergreens	60+ Free With Loyalty Card
Tuesday	08.15 - 09.00	Parents & Tots	Maximum 12 Swimmers
Tuesday	09.00 - 11.45	Public Swimming	
Tuesday	12.00 - 13.00	Lane Swimming	Max of 12 Swimmers
Tuesday	13.00- 15.30	Public Swimming	
Tuesday	15.45 - 18.00	Lane Swimming	Max of 12 Swimmers
Tuesday	18.00 - 19.00	Lane Swimming	Max of 12 Swimmers
Tuesday	18.00 - 19.00	SwimFit	Max of 24 Swimmers
Tuesday	19.15 - 21.00	Public Swimming	
Wednesday	07.00 - 08.30	Fresh Start	Lane Swim Slow/Medium/Fast
Wednesday	09.00 - 11.45	Public Swimming	
Wednesday	12.00 - 13.00	Lane Swimming	Max of 12 Swimmers
Wednesday	13.00 - 17.45	Public Swimming	

Thursday	09.00 - 11.45	Public Swimming	
Thursday	12.00 - 13.00	Lane Swimming	Max of 12 Swimmers
Thursday	13.00 - 15.30	Public Swimming	
Thursday	18.00 - 20.00	Public Swimming	
Thursday	20.00 - 21.00	Ladies only	14yrs +
Friday	07.00 - 08.00	Fresh Start	Lane Swim Slow/Medium/Fast
Friday	08.00 - 09.00	Evergreens	60+ Free with Loyalty Card
Friday	08.15 - 09.00	Parents & Tots	Max of 12 Swimmers
Friday	09.00 - 11.45	Public Swimming	
Friday	12.30 -13.15	Aqua Fit	Exercise to water
Friday	12.30-13.30	Lane Swimming	Max of 12 Swimmers
Saturday	16.30 - 17.30	Fresh Start	Lane Swim Slow/Medium/Fast
Saturday	07.00 - 08.15	Lane Swimming	Max of 12 Swimmers
Saturday	12.00 - 13.00	Public Swimming	
Sunday	12.00 - 16.00	Free Swimming	Juniors Only (16yrs under)
Sunday	09.00 - 10.00	Lane Swimming	Maximum 12 Swimmers
Sunday	09.00 - 10.00	Free Swimming	*16YRS AND UNDER ONLY
Sunday	10.15 - 15.30	Public Swimming	

*** All water features and slide will be switched off during swimming lessons.**

*Free swimming is for families/guardians with children only and is subject to availability. **ARRIVE EARLY TO AVOID DISAPPOINTMENT**