

Colwyn Leisure Centre Swimming Pool Timetable

Day	Time	Session	Information
Monday	07.15 - 08.00	Lane Swimming	Max of 15 Swimmers
Monday	08.30 - 09.15	Lane Swimming	Max of 15 Swimmers
Monday	12.15 - 13.00	Lane Swimming	Max of 15 Swimmers
Monday	13.30 - 14.15	Lane Swimming	Max of 15 Swimmers
Monday	14.45 - 15.30	Lane Swimming	Max of 15 Swimmers
Tuesday	07.15 - 08.00	Lane Swimming	Max of 15 Swimmers
Tuesday	08.30 - 09.15	Lane Swimming	Max of 15 Swimmers
Tuesday	11.45 - 12.30	Lane Swimming	Max of 15 Swimmers
Tuesday	13.00 - 15.00	Water Babies	
Tuesday	18.15 - 19.15	Swim Fit	Max of 15 Swimmers
Tuesday	19.45 - 20.30	Adult Swimming Only	Max of 15 Swimmers (14yrs+)
Wednesday	07.15 - 08.00	Lane Swimming	Max of 15 Swimmers
Wednesday	08.30 - 09.15	Lane Swimming	Max of 15 Swimmers
Wednesday	12.15 - 13.00	Lane Swimming	Max of 15 Swimmers
Wednesday	13.30 - 14.15	Lane Swimming	Max of 15 Swimmers
Wednesday	15.30 - 16.15	Family Swim	Max of 15 Swimmers
Wednesday	16.45 - 17.30	Family Swim	Max of 15 Swimmers
Thursday	09.30 - 11.00	Water Babies	
Thursday	12.15 - 13.00	Lane Swimming	Max of 15 Swimmers

Thursday	13.30 - 14.15	Lane Swimming	Max of 15 Swimmers
Thursday	18.30 - 19.15	Family Swimming	Max of 15 Swimmers
Thursday	19.45 - 20.15	Adult Swimming Only	Max of 15 Swimmers (14yrs +)
Friday	07.15 - 08.00	Lane Swimming	Max of 15 Swimmers
Friday	08.30 - 09.15	Over 60's Swim	Max of 15 Swimmers (Free for 60+)
Friday	11.00 - 11.45	Lane Swimming	Max of 15 Swimmers
Friday	12.15 - 13.15	Aqua Fit	Max of 15 Swimmers
Friday	13.45 - 14.15	Family Swim	Max of 15 Swimmers
Friday	13.45 - 14.15	Lane Swimming	Max of 5 Swimmers
Friday	16.00 - 16.45	Family Swim	Max of 15 Swimmers
Friday	16.00 - 16.45	Lane Swimming	Max of 5 Swimmers
Friday	17.15 - 18.00	Family Swim	Max of 15 Swimmers
Friday	17.15 - 18.00	Lane Swimming	Max of 5 Swimmers
Friday	18.30 - 19.15	Lane Swimming	Max of 15 Swimmers
Saturday	07.15 - 08.00	Lane Swimming	Max of 15 Swimmers
Saturday	12.30 - 13.15	Family Swim	Max of 15 Swimmers
Saturday	14.00 - 14.45	Lane Swimming	Max of 5 Swimmers
Saturday	14.00 - 16.30	Water Babies	
Sunday	08.00 - 08.45	Lane Swimming	Max of 5 Swimmers
Sunday	08.15 - 10.45	Water Babies	
Sunday	11.15 - 12.00	Family Swim	Max of 15 Swimmers
Sunday	12.30 - 13.15	Family Swim	Max of 15 Swimmers
Sunday	13.45 - 14.30	Family Swim	Max of 15 Swimmers