Death, Dying and Bereavement

Suitable for Care Homes and Domiciliary Care services

There are many important issues to consider when dealing with death in Social Care, the emotional aspects of coping with terminal illness and the death of individuals receiving support. This course helps to prepare you for dealing with the emotional and practical issues surrounding death, dying and bereavement.

Watch through each video chapter. You will need to answer the questions within a chapter correctly, then submit your answers at the end of the chapter to complete it.

Once you have completed all available chapters, you will be able to take the **Assessment Quiz** and complete the **Feedback form**.

A PDF *Certification of Completion* showing the Learner's name, date of submission and pass mark can be sent to Managers by request to sc.training@conwy.gov.uk

Completing the course can count towards evidence needed for Continuing Professional Development for reregistration requirements and contribute towards the underpinning knowledge for All Wales Induction Framework for Health & Social Care and QCF.

Duration of course: 50 minutes including Assessment Quiz

Dementia Care 1: Understanding Dementia

Suitable for Care Homes and Domiciliary Care services

This course focuses on the physical condition of Dementia and how it affects the person. It explores the myths and stereotypes and will enable you to consider how these can influence the quality of care given.

Viewed with **Dementia Care 2: Person Centred Dementia Care**, these will cover all Dementia requirements of the **All Wales Induction Framework for Health & Social Care**.

Watch through each video chapter. You will need to answer the questions within a chapter correctly, then submit your answers at the end of the chapter to complete it.

Once you have completed all available chapters, you will be able to take the **Assessment Quiz** and complete the **Feedback form**.

A PDF *Certification of Completion* showing the Learner's name, date of submission and pass mark can be sent to Managers by requesting from sc.training@conwy.gov.uk

Completing the course can count towards evidence needed for Continuing Professional Development for reregistration requirements and contribute towards the underpinning knowledge for All Wales Induction Framework for Health & Social Care and QCF.

Duration of course: 50 minutes including Assessment Quiz

Dementia Care 2: Personal Centred Dementia Care

Suitable for Care Homes and Domiciliary Care services

This course introduces the Person Centred qualities that should reflect in your day-to-day practice, and how Person Centred values and modified techniques can improve your ability to provide positive, responsive and supportive Dementia care

Viewed with **Dementia Care 1: Understanding Dementia**, all Dementia requirements of the **All Wales Induction Framework for Health & Social Care.**

Watch through each video chapter. You will need to answer the questions within a chapter correctly, then submit your answers at the end of the chapter to complete it.

Once you have completed all available chapters, you will be able to take the **Assessment Quiz** and complete the **Feedback form**.

A PDF *Certification of Completion* showing the Learner's name, date of submission and pass mark can be sent to Managers by requesting from sc.training@conwy.gov.uk

Completing the course can count towards evidence needed for Continuing Professional Development for reregistration requirements and contribute towards the underpinning knowledge for All Wales Induction Framework for Health & Social Care and QCF.

Duration of course: 1 hour including Assessment Quiz

Develop as a Worker

Suitable for Care Homes and Domiciliary Care services

This course will demonstrate the value of worker development to Managers and staff within either Care Homes or Domiciliary Care settings.

It will encourage you to evaluate your work and improve on it, to build Continuing Professional Development.

Watch through each video chapter. You will need to answer the questions within a chapter correctly, then submit your answers at the end of the chapter to complete it.

Once you have completed all available chapters, you will be able to take the **Assessment Quiz** and complete the **Feedback form**.

Completing the course can count towards evidence needed for Continuing Professional Development

A PDF *Certification of Completion* showing the Learner's name, date of submission and pass mark can be sent to Managers by requesting from sc.training@conwy.gov.uk

Completing the course can count towards evidence needed for Continuing Professional Development for reregistration requirements and contribute towards the underpinning knowledge for All Wales Induction Framework for Health & Social Care and QCF.

Duration of course: 45 minutes including Assessment Quiz

Understanding Diabetes

Suitable for Care Homes and Domiciliary Care services

This course will provide Care Workers with a detailed understanding of what Diabetes is and how they can identify the signs and symptoms when caring for individuals.

The course will offer an insight into how Diabetes can affect individual's lives and examine how Care Workers can support them through diet, medication and emotional support.

The course also has an updated Chapter on Diabetes and Coronavirus.

Watch through each video chapter. You will need to answer the questions within a chapter correctly, then submit your answers at the end of the chapter to complete it.

Once you have completed all available chapters, you will be able to take the **Assessment Quiz** and complete the **Feedback form**.

A PDF *Certification of Completion* showing the Learner's name, date of submission and pass mark can be sent to Managers by requesting from sc.training@conwy.gov.uk

Completing the course can count towards evidence needed for Continuing Professional Development for reregistration requirements and contribute towards the underpinning knowledge for All Wales Induction Framework for Health & Social Care and QCF.

Duration of course: 55 minutes including Assessment Quiz

Dignity and Respect

Suitable for Care Homes and Domiciliary Care services

How can we apply Dignity and Respect in our everyday work and life? How do we demonstrate it? Designed to be fully in line with requirements and advocating good practices, this course will help you to gain a better understanding of the topic and how you can apply it in the social care environment.

Watch through each video chapter. You will need to answer the questions within a chapter correctly, then submit your answers at the end of the chapter to complete it.

Once you have completed all available chapters, you will be able to take the **Assessment Quiz** and complete the **Feedback form**.

A PDF *Certification of Completion* showing the Learner's name, date of submission and pass mark can be sent to Managers by requesting from sc.training@conwy.gov.uk

Completing the course can count towards evidence needed for Continuing Professional Development for reregistration requirements and contribute towards the underpinning knowledge for All Wales Induction Framework for Health & Social Care and QCF.

Duration of course: 45 minutes including Assessment Quiz

Effective Communication

Suitable for Care Homes and Domiciliary Care services

As a Care Worker, you must be able to communicate effectively. This course focuses on verbal, non-verbal and behavioural communication. It looks at how we communicate, what tools and resources we have within ourselves and equipment that can aid us, as well as confidentiality and GDPR.

Watch through each video chapter. You will need to answer the questions within a chapter correctly, then submit your answers at the end of the chapter to complete it.

Once you have completed all available chapters, you will be able to take the **Assessment Quiz** and complete the **Feedback form**.

A PDF *Certification of Completion* showing the Learner's name, date of submission and pass mark can be sent to Managers by requesting from sc.training@conwy.gov.uk

Completing the course can count towards evidence needed for Continuing Professional Development for reregistration requirements and contribute towards the underpinning knowledge for All Wales Induction Framework for Health & Social Care and QCF.

Duration of course: I hour including Assessment Quiz

Effective Communication 2

Suitable for Care Homes and Domiciliary Care services

This course considers the different forms of written communication and how you can improve your skills in this area. It also explains the role and responsibilities of Managers and yourself as a Care Worker, in undertaking written communication.

Watch through each video chapter. You will need to answer the questions within a chapter correctly, then submit your answers at the end of the chapter to complete it.

Once you have completed all available chapters, you will be able to take the **Assessment Quiz** and complete the **Feedback Form**.

A PDF *Certification of Completion* showing the Learner's name, date of submission and pass mark can be sent to Managers by requesting from sc.training@conwy.gov.uk

Completing the course can count towards evidence needed for Continuing Professional Development for reregistration requirements and contribute towards the underpinning knowledge for All Wales Induction Framework for Health & Social Care and QCF.

Duration of course: 40 minutes including Assessment Quiz

Effective Hand Hygiene

Suitable for Care Homes and Domiciliary Care services

Understanding hand hygiene principles and the importance of timely and effective hand washing is an integral part of Infection Control standard precautions. This course helps to improve hand hygiene practice by challenging attitudes and encouraging the changing of behaviours and convey key learning points to you.

The film is set in a clinical environment but the procedures can be applied to Care Home and Domiciliary Care settings

Watch through each video chapter. You will need to answer the questions within a chapter correctly, then submit your answers at the end of the chapter to complete it.

Once you have completed all available chapters, you will be able to take the **Assessment Quiz** and complete the **Feedback Form**.

A PDF *Certification of Completion* showing the Learner's name, date of submission and pass mark can be sent to Managers by requesting from sc.training@conwy.gov.uk

Completing the course can count towards evidence needed for Continuing Professional Development for reregistration requirements and contribute towards the underpinning knowledge for All Wales Induction Framework for Health & Social Care and QCF.

Duration of course: 30 minutes including Assessment Quiz

Equality, Diversity and Inclusion

Suitable for Care Homes and Domiciliary Care services

Designed to be fully in line with the All Wales Induction Framework for Health & Social Care standards this course will provide you with essential information about Equality, Diversity and Inclusion in a Social Care environment. Adapting a down-to-earth and common-sense approach, this course uses examples and illustrations to help you understand this important topic in an easier and more informative way.

Watch through each video chapter. You will need to answer the questions within a chapter correctly, then submit your answers at the end of the chapter to complete it.

Once you have completed all available chapters, you will be able to take the **Assessment Quiz** and complete the **Feedback Form.**

A PDF *Certification of Completion* showing the Learner's name, date of submission and pass mark can be sent to Managers by requesting from sc.training@conwy.gov.uk

Completing the course can count towards evidence needed for Continuing Professional Development for reregistration requirements and contribute towards the underpinning knowledge for All Wales Induction Framework for Health & Social Care and QCF.

Duration of course: 50 minutes including Assessment Quiz

Infection Prevention and Control in the Care Home

Suitable for Care Homes

Infection Prevention and Control is vital to the well-being of people that we support and care for. Good infection, prevention and control routines are essential for you, Service Users, staff and Managers.

This Care Home based course provides substantial support in making sure you understand and comply with legal obligations as well as significantly improving your skills and knowledge in this area.

The DVD makes reference to Health and Social Care Act 2008 (England)please read the Welsh legislation social-services-and-well-being-wales-act-2014-the-essentials.pdf (gov.wales), also reference is made to The Food Hygiene (England) Regulations 2006....please follow the link to the Food Hygiene Standards instead https://www.food.gov.uk/food-safety

Watch through each video chapter. You will need to answer the questions within a chapter correctly, then submit your answers at the end of the chapter to complete it.

Once you have completed all available chapters, you will be able to take the **Assessment Quiz** and complete the **Feedback Form**.

A PDF *Certification of Completion* showing the Learner's name, date of submission and pass mark can be sent to Managers by requesting from sc.training@conwy.gov.uk

Completing the course can count towards evidence needed for Continuing Professional Development for reregistration requirements and contribute towards the underpinning knowledge for All Wales Induction Framework for Health & Social Care and QCF.

Duration of course: 50 minutes including Assessment Quiz

Home Care 10: Infection Prevention and Control

Suitable for Domiciliary Care services

Infection prevention and control is a key element and vital to the well-being of people that need support and their Care Workers. This Domiciliary Care based training resource will provide you with substantial support in making sure you understand and comply with legal obligations, as well as significantly improving your skills and knowledge in this area.

The DVD makes reference to the Health and Social Care Act 2008 (England)please read the Welsh legislation social-services-and-well-being-wales-act-2014-the-essentials.pdf (gov.wales), also reference is made to The Food Hygiene (England) Regulations 2006....please follow the link to the Food Hygiene Standards instead https://www.food.gov.uk/food-safety

Watch through each video chapter. You will need to answer the questions within a chapter correctly, then submit your answers at the end of the chapter to complete it.

Once you have completed all available chapters, you will be able to take the **Assessment Quiz** and complete the **Feedback Form**.

A PDF *Certification of Completion* showing the Learner's name, date of submission and pass mark can be sent to Managers by requesting from sc.training@conwy.gov.uk

Completing the course can count towards evidence needed for Continuing Professional Development for reregistration requirements and contribute towards the underpinning knowledge for All Wales Induction Framework for Health & Social Care and QCF.

Duration of course: 35 minutes including Assessment Quiz

Managing Distressed Behaviour

Suitable for Care Homes and Domiciliary Care services

The aim of this course is to consider how you can work with individuals who may be aggressive or violent and how to manage distressed behaviour. It will examine the following areas: what is distressed behaviour? Who can present distressed behaviour? Reasons for distressed behaviour, prediction and prevention, undertaking proper risk assessments, how to respond appropriately, verbal responses and body language.

The course also advises you on the best ways of keeping themselves and other individuals safe in unsafe situations and why it is important to try to understand that there may be unknown reasons for distressed behaviour.

Watch through each video chapter. You will need to answer the questions within a chapter correctly, then submit your answers at the end of the chapter to complete it.

Once you have completed all available chapters, you will be able to take the **Assessment Quiz** and complete the **Feedback Form**.

A PDF *Certification of Completion* showing the Learner's name, date of submission and pass mark can be sent to Managers by requesting from sc.training@conwy.gov.uk

Completing the course can count towards evidence needed for Continuing Professional Development for reregistration requirements and contribute towards the underpinning knowledge for All Wales Induction Framework for Health & Social Care and QCF.

Duration of course: 50 minutes including Assessment Quiz

Mental Capacity Act – in practice

Suitable for Care Homes and Domiciliary Care services

The Mental Capacity Act 2005 affects everybody who works in care. This course will provide you with the understanding of what the Mental Capacity Act is and more importantly how it can be applied to your everyday working practices.

Watch through each video chapter. You will need to answer the questions within a chapter correctly, then submit your answers at the end of the chapter to complete it.

Once you have completed all available chapters, you will be able to take the **Assessment Quiz** and complete the **Feedback Form**.

A PDF *Certification of Completion* showing the Learner's name, date of submission and pass mark can be sent to Managers by requesting from sc.training@conwy.gov.uk

Completing the course can count towards evidence needed for Continuing Professional Development for reregistration requirements and contribute towards the underpinning knowledge for All Wales Induction Framework for Health & Social Care and QCF.

Duration of course: 50 minutes including Assessment Quiz

Pressure Ulcer Prevention

Suitable for Care Homes and Domiciliary Care services

Older people with limited mobility are at an increased risk of developing pressure ulcers. This training course will explain how pressure ulcers develop and how they can be prevented. It also presents the difference between pressure, shearing and friction and shows how each of these forces irritate the skin.

Watch through each video chapter. You will need to answer the questions within a chapter correctly, then submit your answers at the end of the chapter to complete it.

Once you have completed all available chapters, you will be able to take the **Assessment Quiz** and complete the **Feedback Form**.

A PDF *Certification of Completion* showing the Learner's name, date of submission and pass mark can be sent to Managers by requesting from sc.training@conwy.gov.uk

Completing the course can count towards evidence needed for Continuing Professional Development for reregistration requirements and contribute towards the underpinning knowledge for All Wales Induction Framework for Health & Social Care and QCF.

Duration of course: 35 minutes including Assessment Quiz

Principles of Person Centred Care

Suitable for Care Homes

This course will introduce you to the values that underpin Person Centred Care within the Care Home setting.

This course intends to develop your understanding of how Principles of Care should be reflected in their day-to-day practices by exploring the values of Individuality, Rights, Choice, Privacy, Independence, Dignity, Respect and Partnership.

Subjects covered include:

The 6Cs • Building Relationships • Well-being • Person Centred Values • Individuality • Rights • Choice • Privacy • Independence • Dignity • Respect • Partnership • Care Plans

Watch through each video chapter. You will need to answer the questions within a chapter correctly, then submit your answers at the end of the chapter to complete it.

Once you have completed all available chapters, you will be able to take the **Assessment Quiz** and complete the **Feedback Form**.

A PDF *Certification of Completion* showing the Learner's name, date of submission and pass mark can be sent to Managers by requesting from sc.training@conwy.gov.uk

Completing the course can count towards evidence needed for Continuing Professional Development for reregistration requirements and contribute towards the underpinning knowledge for All Wales Induction Framework for Health & Social Care and QCF.

Duration of course: 1 hour including Assessment Quiz

Home Care 1: Principles of Person Centred Care

Suitable for Domiciliary Care services

This title is designed exclusively for those providing care within Domiciliary Care settings, and introduces carers to the values that underpin Person Centred care. It assists them to develop their understanding of how Principles of Care should be reflected in their day-to-day practices by exploring the values of Individuality, Rights, Choice, Privacy, Independence, Dignity, Respect and Partnership.

Subjects covered include:

The 6Cs • Building Relationships • Well-being • Person Centred Values • Individuality • Rights • Choice • Privacy • Independence • Dignity • Respect • Partnership • Care Plans

Watch through each video chapter. You will need to answer the questions within a chapter correctly, then submit your answers at the end of the chapter to complete it.

Once you have completed all available chapters, you will be able to take the **Assessment Quiz** and complete the **Feedback Form**.

A PDF *Certification of Completion* showing the Learner's name, date of submission and pass mark can be sent to Managers by requesting from sc.training@conwy.gov.uk

Completing the course can count towards evidence needed for Continuing Professional Development for reregistration requirements and contribute towards the underpinning knowledge for All Wales Induction Framework for Health & Social Care and QCF.

Duration of course: 1 hour including Assessment Quiz

Raising Concerns and Whistleblowing

Suitable for Care Homes and Domiciliary Care services

As a Care Worker, your priority is promoting the safety and well-being of the individuals you support. This training video is designed to give you the confidence that sharing a concern is the right thing to do. It will show you how to raise a concern and what to do in the event the concern is not dealt with appropriately.

Watch through each video chapter. You will need to answer the questions within a chapter correctly, then submit your answers at the end of the chapter to complete it.

Once you have completed all available chapters, you will be able to take the **Assessment Quiz** and complete the **Feedback Form**.

A PDF *Certification of Completion* showing the Learner's name, date of submission and pass mark can be sent to Managers by requesting from sc.training@conwy.gov.uk

Completing the course can count towards evidence needed for Continuing Professional Development for reregistration requirements and contribute towards the underpinning knowledge for All Wales Induction Framework for Health & Social Care and QCF.

Duration of course: 40 minutes including Assessment Quiz

Role of the Care Worker Suitable for Care Homes

Following the standards of conduct and promoting good principles is essential in all care activities. This training course will reveal what tasks and activities you will be expected to carry out as a Care Worker, whilst maintaining a Person Centred approach. It also highlights where you can go for advice, information and support.

Watch through each video chapter. You will need to answer the questions within a chapter correctly, then submit your answers at the end of the chapter to complete it.

Once you have completed all available chapters, you will be able to take the **Assessment Quiz** and complete the **Feedback Form**.

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Completing the course can count towards evidence needed for Continuing Professional Development for reregistration requirements and contribute towards the underpinning knowledge for All Wales Induction Framework for Health & Social Care and QCF.

Duration of course: 1 hour including Assessment Quiz

Home Care 2: Role of the Home Carer

Suitable for Domiciliary Care services

Designed exclusively for those providing care within Domiciliary Care settings, this course will introduce you to the types of tasks you might be expected to carry out and the range of individuals you may come into contact with. This course also considers the importance of working within professional boundaries and why it is necessary to understand and follow policies and procedures. In addition, It goes on to look at the rights individuals have to take risks in their lives and how the risk assessment can assist to protect them from harm. It also considers the meaning of equal opportunities and diversity.

Watch through each video chapter. You will need to answer the questions within a chapter correctly, then submit your answers at the end of the chapter to complete it.

Once you have completed all available chapters, you will be able to take the **Assessment Quiz** and complete the **Feedback Form**.

A PDF *Certification of Completion* showing the Learner's name, date of submission and pass mark can be sent to Managers by requesting from sc.training@conwy.gov.uk

Completing the course can count towards evidence needed for Continuing Professional Development for reregistration requirements and contribute towards the underpinning knowledge for All Wales Induction Framework for Health & Social Care and QCF.

Duration of course: 1 hour including Assessment Quiz